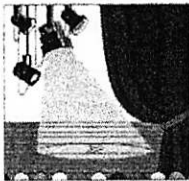


You CAN fit Dance, Drama, Music, or Visual Art in your schedule for all of high school. Here's how ...



### VAPA Course Matrix

Class #	9th	10th	11th	12th
1	English	English	English	English
2	Math	Math	Math	Math or Health
3	Social Science	Social Science	Social Science	Social Science
4	VAPA	VAPA	VAPA	VAPA
5	P.E.	P.E.	Science	Science or Health
6	Science or Foreign Language	Foreign Language or Science	Foreign Language	Foreign Language or Health
7	EXTRA	EXTRA	EXTRA	EXTRA



\* The EXTRA could be Marching Band, Jazz Band, Color Guard, or other Electives offered 7th Period. Or these could be courses the school offers, such as AVID, PE, Math, Social Science, ROP Courses, etc.

\* The Science and Foreign Language requirements of 2 years can be moved around as necessary if the student is only taking 2 years of these.

\* The Health Requirement may also be cleared through a college health course, or an online option. See your counselor at least 1 year in advance for this.

\* This will enable a student to remain in a VAPA discipline for 4 years regardless of their ultimate college destination. Many College Admissions Offices look for students who have been committed to a program for all their years of high school (paraphrased from admissions at 2 major California Universities)

\* Most importantly, for 9th graders 5 academic high school courses can make it difficult to acclimate to high school level academics. By taking a VAPA course, students will start with only 4 academic courses, allowing for an easier transition into high school level academics



I would encourage you to draw your own matrix like you see at the top, and fill in your planned courses for your 4 years of high school. I have provided a page for you at the back of this packet.



Try hard to find a VAPA discipline (music, dance, drama, art) that you can stay with for 4 years. Universities like to see students who have remained committed to one program for 4 years and have persevered through 4 levels of a visual or performing art discipline.



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for all of high school. Here's how ...

**Graduation and College Requirements CHECKLIST**

**a. Social Science Requirements**

- 9<sup>th</sup> Grade Social Science (Geography, World History prep)
- 10<sup>th</sup> Grade Social Science (World History, AP World History)
- 11<sup>th</sup> Grade Social Science (U.S. History, AP World History)
- 12<sup>th</sup> Grade Social Science (Government, one semester)
- 12<sup>th</sup> Grade Social Science (Economics, one semester)
- Any Grade Health (one semester)



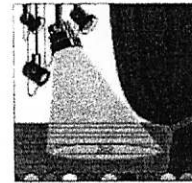
**b. English Requirements**

- 9<sup>th</sup> Grade English
- 10<sup>th</sup> Grade English
- 11<sup>th</sup> Grade English
- 12<sup>th</sup> Grade English



**c. Mathematics Requirements**

- 9<sup>th</sup> Grade Math
- 10<sup>th</sup> Grade Math
- 11<sup>th</sup> Grade Math



**d. Laboratory Science Requirements**

- 1<sup>st</sup> Year of Science, Biology
- 2<sup>nd</sup> Year of Science, Chemistry or Physics

**e. Language other than English**

- 1<sup>st</sup> Year of foreign language
- 2<sup>nd</sup> Year of foreign language



**f. Visual and Performing Arts**

- 1<sup>st</sup> year of VAPA

**g. College Preparatory Elective**

- Additional year of any course area listed above; course must be beyond Introductory level.

**Additional District Requirements for Graduation**

- 9<sup>th</sup> Grade PE
- 10<sup>th</sup> Grade PE
- Pass PE Fitness Test in 9<sup>th</sup> Grade (or 2<sup>nd</sup> attempt in 10<sup>th</sup> Grade)
- Total 44 semester credits, including all courses above, plus additional electives.

**UC Schools of California Recommended additional courses** *(these are NOT required for admissions to the UC system, just recommendations)*

- 12<sup>th</sup> Grade Math (must take if not pass CAHSEE by 12<sup>th</sup> grade)
- 3<sup>rd</sup> year of Science
- 3<sup>rd</sup> year of Foreign Language

# You CAN fit Dance, Drama, Music, or Visual Art in your schedule for all of high school. Here's how ...

Use this Chart to determine your 4-year plan at Olympian High School allowing you to take the art of your choice throughout high school.

## VAPA Course Matrix

Class #	9th	10th	11th	12th
1				
2				
3				
4				
5				
6				
7				

- ❖ The EXTRA could be Marching Band, Jazz Band, Color Guard, or other Electives offered 7th Period. Or these could be courses the school offers 7th period, such as AVID, PE, Math, Social Science, ROP Courses, etc. (offerings may vary by school)
  
- ❖ The Science and Foreign Language requirements of 2 years can be moved around as necessary if the student is only taking 2 years of these.
  
- ❖ The Health Requirement may also be cleared through online courses and Community College courses. See your counselor 1 year in advance.
  
- ❖ This will enable a student to remain in a VAPA discipline for 4 years regardless of their ultimate college destination. Many College Admissions Offices look for students who have been committed to a program for all their years of high school (paraphrased from admissions at 2 major California Universities)
  
- ❖ Most importantly, for 9th graders 5 academic high school courses can make it difficult to acclimate to high school level academics. By taking a VAPA course, students will start with only 4 academic courses, allowing for an easier transition into high school level academics